



Breakfast

Squeezed juices

Orange, lemon, grapefruit, smoothie of the day

Pure fruit juices and “experience” nectars

Apple, pineapple, apple-redcurrant, carrot, tomato, juice of the day

Detox juices

Beetroot, cucumber

Hot drinks

- American coffee
- Espresso, double espresso
- Hot Chocolate
- Latte macchiato, coffee with milk
(Whole milk, half skimmed, skimmed, soy, almond)
- Black teas: Earl grey, Darjeeling, English breakfast, Ceylan
- Green tea: plain, mint, jasmine
- Herbal teas: BB detox, verbena, linden, chamomile, fresh mint

Continental breakfast

- Plain or fruits yogurt, cottage cheese
- Viennoiseries, bread assortment, brioche
- Muesli, granola, corn flakes, coco pops
- Dried fruits assortment
- Sliced fresh fruits
- Soft or salted butter, jams, honey, Nutella



American breakfast

- Mont Charvin cured meats, dried beef
- Local cheeses
- Scottish smoked salmon
- Omelettes
- Eggs : scrambled, soft-boiled, hard-boiled, poached, Benedict
- Bacon, veal sausage
- Garnishes : ham, bacon, salmon, mushrooms, onions, tomatoes, pepper, cheeses, herbs

Brunch

- Avocado toast
- Green salad
- Salad of the day
- Roasted mushrooms and cherry tomatoes
- Waffles, Crepes, Pancakes
- French toast
- Cake or pie of the day

Gluten free

- Traditional white bread
- Cereals roll
- Madeleine
- Redfruits cookies
- Gluten free Muesli

*Nous vous invitons à nous signaler toute allergie ou intolérance alimentaire
Nos viandes proviennent de France*

We invite you to report any food allergy or intolerance / Our meats come from France